

# The Canadian Nurse

A QUARTERLY JOURNAL FOR THE NURSING PROFESSION IN CANADA

VOL. I.

TORONTO, DECEMBER, 1905.

No. 4

## REGISTRATION—AT HOME AND ABROAD.\*

The movement for Registration of Nurses took its rise in England in 1887, with the founding of the Royal British Nurses' Association, by Mrs. Bedford Fenwick, and a small group of English matrons.

The more keen-sighted of English nurses already felt that demoralization of the standards of modern nursing, not long since lifted by Miss Nightingale, was threatening and was bound to result from the rapid multiplication of so-called schools for training, over which no supervision was exercised, and in which no noble professional motives but only strict commercial interest guided the policy. They realized precisely what we realize to-day, that a thousand spurious articles are being manufactured and put forth as the "Trained Nurse," that bogus training schools were being made commercially profitable to their owners, that the public was being duped and exploited, that unsophisticated young women were being deceived and tricked into joining "private nursing homes" and "correspondence schools," and that a rapid debasement of genuine standards of nursing was thus progressing. They realized, too, that purification could only come from within, and that nurses themselves must prepare to defend their profession, protect their education, and announce a genuine standard, since others could not or would not. The formation of the Royal British Nurses' Association was the first step in the organization of nurses now so splendidly and vigorously progressing in every country of the civilized world. I should like to go with you into the early history of this association, the bitter opposition which it encountered, the stifling which for many years it was subjected to at the hands of reactionary officers, and the way in which its nurse members finally asserted themselves,—but it would take too much time. You can read it all in the early numbers of the "Nursing Record," now the British Journal of Nursing. Until a few years ago, the subject of registration was suppressed in England, except in the Matrons' Council, where the progressives still upheld and worked for the principle of legal

\*An abstract of an address delivered in Toronto, October 19th, 1905.

status and genuine nursing education. Meantime, however, some of England's colonies were more enlightened and liberal. South Africa first, and New Zealand second, secured legislative Acts fixing a standard of training for the nurse and protecting her and the public from fraud. In Australia both the Australasian Nurses' Association and the Victorian Association are working actively by means of a voluntary registration plan, to arrive at definite minimum standards, and to secure State legislation. In Holland and Germany there are definite movements for State registration, and in the former country there is an association trying to carry out a voluntary examination and registration plan.

As you know, the nurses of the United States are working vigorously and with encouraging success to fix honest training standards by the authority of the State, and many notable Canadian women who have trained and are working in our midst are foremost in this effort. We now have State organizations of nurses in 21 States, and have secured the passage of laws in ten States, though not all of these have had time to show results. As the progress of this movement is fully reported in the American Journal of Nursing, which is accessible to you all, I will not attempt to go into detail. It is enough to say that we have established the principle of the justice of placing the examination of nurses in the hands of nurses, by the creation of our nurse examining boards. This is the only way to keep the State examination of nurses *practical*, and to ensure their being taught *to do*, as well as to know, the essential characteristic of sham training being to cover the absence of real ability *to do* by a veneer of superficial knowledge from books.

We must return now to England to note the formation of a new and fresh army to fight in the battle against dull prejudice—the State Society for Registration, again the work of Mrs. Bedford Fenwick, the untiring, who has been its secretary, with Miss Louisa Stevenson as President. It has been the triumphant result of the labors of this society that a registration bill has been presented to Parliament—that the Royal British Nurses' Association cast off the control of bigoted officials—that the Select Committee was appointed, and that it has brought in a favorable report. What this means, you, perhaps, not knowing the hidden prejudices of England, cannot realize. In closing I would only like to say, stand by our professionally edited Nursing Journals. You have yours, we have ours, the English and Australian nurses have theirs, and they are staunch in loyalty to high ideals, and have done marvels in creating public opinion; whereas the commercially edited papers, which exist only to make money out of nurses, have been, and are to-day, steadily and bitterly hostile to organization, to every form of self-help and independence for nurses, and have done their utmost to defeat our efforts for a minimum standard of training. Do not make the mistake of

thinking that this is only a nurses' movement. It is a tremendous educational movement, and a vast factor in the gradual uplifting of women the world over—it is a piece of human progress.

L. L. Dock.

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### A REGISTRATION MEETING.

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On the evening of Oct. the 19th, a meeting under the auspices of The Graduate Nurses' Association of Ontario was held in the Theatre of the Normal School, Toronto, to listen to addresses on the subject of "State Registration for Nurses." To this meeting all graduate and under-graduate nurses, members of the medical profession, and those interested in the advancement of nurses, were invited.

The speakers of the evening were Miss L. L. Dock, of New York, Hon. Sec. of the National Congress of Nurses; Prof. Irving H. Cameron, and Mrs. Willoughby Cummings, Sec. National Council of Women. Miss M. A. Snively, Superintendent of Training School, Toronto General Hospital, occupied the chair.

Miss Dock, who has spent the greater part of the past four years studying the subject of Registration both at home and abroad, first dwelt on the meaning and need of registration, and then gave the history of the movement. Her address (see page 11), was listened to with the greatest interest and attention. Prof. Cameron followed in a very happy speech, in which he said that he felt sure he could pledge the whole medical profession to do all in their power to assist the nurses in what must be felt to be a most reasonable demand, recognition by the State.

Mrs. Willoughby Cummings gave an account of a paper sent by the Legislative Committee of the G. N. A. O., to be read at the annual meeting of the National Council of Women, held last June in Charlottetown, P.E.I. Every woman in that large gathering endorsed the idea of nurses being registered as a protection to the public, and the Council was ready and anxious to assist the nurses in any way in its power.

Dr. Brown, Medical Superintendent of Toronto General Hospital, expressed himself as most willing to do all he could to help the nurses. Having some knowledge of the technicalities of passing bills, he desired to make it of use in obtaining the legislation sought for.

A vote of thanks to the speakers and chairman was moved by Miss C. Mitchell, and seconded by Miss Matheson, and most cordially carried by the audience.

Notwithstanding the inclement weather the meeting was a very large one, the hall being nearly full, and the attention to and interest in the speeches was marked.

One object, and that perhaps the main one that the promoters of the meeting had in view, was to give the undergraduate nurses, whose heavy hospital duties and constant studies leave them very little time for reading the Nursing Journals, an opportunity of hearing concisely and clearly why legislation was so earnestly sought, and what had been accomplished towards this end.

It was cause for satisfaction, therefore, that all the city hospitals, but one, made such arrangements that every pupil nurse who was not required in the wards, might avail herself of what was so largely intended for her benefit. The one exception was a disappointment and a deep regret.

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### THE CENTRAL REGISTRY.

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The Central Registry, after five months' hard work, may be considered as fairly well established, and although the work has been slow and the discouragements many, still there is a definite improvement, and we can now feel that we are becoming known to the public and profession generally. Up to date our membership list consists of the following graduates:

Toronto General Hospital, 31; St. Michael's Hospital, 17; The Sick Children's Hospital, 18; The Western Hospital, 6; Riverdale Hospital, 5; Orthopedic Hospital, 2; outside Canadian and English Nurses, 15; American Hospital, 15; Grace Hospital, 19, making a total of 128.

Moneys received in Registry fees from June 1 to Nov. 1, 1905, \$405.00; amount spent in advertising, telephone rentals and Registrar's salary, \$313.56; balance\* in bank, \$91.44; fees due Registry, \$235.00.

The following is the list of calls received at the Central Registry for the five months: June, Registry calls, 3; personal, 3; total, 6; visiting nurse, 1. July, Registry calls, 9; personal, 1; total, 10; visiting nurse, 5. August, Registry calls, 36; personal calls, 3; total, 39; visiting nurse, 6. September, Registry calls, 46; personal 6, total 52; visiting nurse 2. For October, Registry calls, 26; personal, 7; total, 33; visiting calls, 4.

Before closing I should like to express, on behalf of the Registry Committee, our warmest thanks and keen appreciation of the able assistance given us by the members of the Registry, the homes and hospitals throughout the city, and also our sincere regret at the departure of Miss Christie, who carries with her our kindest wishes and warmest interest for her future.

ETHEL BOVELL BARWICK,



## DISTRICT NURSING

District nursing has become more familiar to us since the Jubilee, though it is really as old as the nursing profession.

There is no sentimentality about district nursing, but solidity and strength of character, sympathy, tact and discretion are the necessary qualities for the woman to possess who takes up this most important work.

Much common-sense and judgment is required if we would help without pauperizing. It is Christ-like work. Moral influence has no limit and the aim should be to effect lasting good, though amid disappointments and discouragements.

The earnest nurse who teaches thrift, self-help, self-restraint and self-respect is one of the most potent helpers in solving the social problems of the day.

In her daily rounds she will see and hear sad things, and the old proverb proves true, "When poverty comes in at the door love flies out at the window."

The women and children she visits are better acquainted with abuse than with kindness. The bright, cheerful face of the visitor inspires confidence; she brings sunshine to the home and heart, where darkness and despair have been.

There never can be a better opportunity for the nurse to show her ability than when nursing in the poverty-stricken home. There is a lack of all the hospital conveniences, and really nothing to work with but what she herself carries.

One is tempted at once to relieve when destitution arises; it is best to give carefully. At present the charitable organizations in New York are trying to undo the supposed "good work" of past years (the promiscuous giving of religious societies), and teaching instead the necessity of earning what is given, or giving something in return for what they get.

Free doctors, free dinners, free nurses, free clothing have destroyed the best maternal instinct.

The immediate needs can be overcome at once, as they will always arise. In most cases they can be foreseen and preparation made, the nurse teaching them to help themselves.

People in every station shirk responsibility, perhaps oftenest in the poor class. Teach the mother her responsibility toward her family. Get her to grasp this, and the nurse has accomplished much towards making good citizens.

"Ask God to give thee skill in comfort's art,  
That thou be consecrate and set apart,  
For great the weight of woe in every heart."

CHRISTINA A. MITCHELL.

## DISTRICT NURSING.

District nursing, though laborious, is perhaps the most interesting work a trained nurse can undertake,

She should, at the outset of her work, make herself fully acquainted with her district, to know the shortest, easiest way to the little lanes and alleys, to be able to climb the rickety staircases which at first sight you would hardly care to venture upon, but which, alas! are not infrequently found in the slums of our cities. This, I have found, saved me retracing many a step, also car fare, and afforded me more time for professional duties.

The nurse must be ready at any time to answer an emergency call, which invariably comes at night, and not infrequently after she has had a very busy day and would enjoy a rest. This has been my experience many times, but it is not so in large cities where there is a district night nurse, who relieves the day nurse of such calls. We find that "an ounce of prevention is worth a pound of cure," often saving a patient a doctor's bill, besides many incidental expenses. Often we go to homes which, at first sight, look as if the family had just moved in, or were in the act of moving out; and where there is not the slightest regard for sanitary laws. After a few visits to such a house you will find it is only the chronic state of affairs. In such cases the nurse's attention should not be confined solely to her patient, but she should strive to insist on laws of comfort and cleanliness, though her advice in this connection is not always received in the most gracious manner.

On the other hand, we will find many a neat, clean little spot, where there is much sickness and trouble, and where poverty abounds; these little places, though few, are looked upon as an oasis in the desert, where the district nurse is always welcomed. It is essential that the district nurse should always maintain her dignity and authority, and at the same time have a heart full of sympathy and love for the poor and afflicted. She must always have a smile for the half-clad little urchins that follow her down many an alley and look with wondering eyes at the mysterious bag she carries. And, indeed, it is a mysterious one, as mine has often held at the same time, chicken broth, beef tea, jelly, besides dressings, drugs, instruments, etc. It may seem strange, though nevertheless true, that the nurse is looked upon by many of her patients as almost infallible, and is consulted in matters both temporal and spiritual. At such times she will find many an opportunity to help both soul and body. We also find in our daily rounds that it is not always actual disease we have to cope with, but a most deplorable degree of both moral and spiritual apathy, caused by the surrounding atmosphere of insanitary dwellings,

lack of proper food, and a continual struggle for a livelihood. In such cases the nurse should administer a large dose of common sense and a little substantial aid, and she will prove (and this should be her aim) a blessing in her district.

GEORGIE H. COLLEY,

158 Park Ave., Montreal.

Cor. Sec. C. N. A.

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### THE DYNEVOR HOSPITAL, SELKIRK, MANITOBA.

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This hospital is entirely for the Indians and half-breeds. No white patients are taken; the rule is to admit no patient who does not receive "treaty money" from the government.

It is situated at a lovely spot on the Red River, about half-way between Winnipeg and the mouth of the river, and is reached by rail to West Selkirk, then a drive of three miles through a well-settled district; the farms on either bank of the river being cultivated by the original owners, Indians and their mixed descendants. The hospital proper was originally the house of the late Archdeacon Cowley, built about forty years ago, and is as substantial to-day as then; the greatest objection to its present use being the small, deep-set windows. It has been used as a hospital about ten years, and at present can accommodate about twelve or fourteen patients. There was a very nice Nurse's Home built adjoining it, through the efforts of some of the Eastern churches' missionary aids, but as there has never been more than the one nurse, it has never been used. Miss Mitchell, a graduate of the Southern Infirmary, Liverpool, England, has been in charge for the past five years, and as there is no resident doctor, and she is nurse in charge, dispenser and compounder of drugs, head cook, chief gardener and general factotum, with only one Indian girl in the kitchen as help, one can readily understand why she has only had one short holiday in her five years. In fact, she is a missionary in every way, and has to make ends meet, both in surgical, housekeeping and all other work.

As her patients are nearly all tubercular, the work gets quite monotonous. If it were not for an occasional shooting accident, it would be almost impossible to continue working for such a length of time in the surroundings.

One case, for instance, came all the way from Moose Factory. In the winter an Indian had been accidentally shot in the arm whilst out trapping, and it was three weeks or more before he reached the hospital. His arm was in a fearful condition, and

had to be amputated at the shoulder. However, for once there seemed to be no tubercular complications, and there was every prospect of his getting back to the north again.

It is marvellous the stoical way in which all Indians bear pain, but it is very sad to see the number which are cut down yearly by their worst enemy, tuberculosis.

Miss Mitchell has the grounds in first-class shape, and takes her relaxation in superintending and making her patients interested in out-door work. Her vegetables were far ahead of those on the farms, and as for flowers and indoor plants, they were many and beautiful.

This hospital is supported by the Government and aided by the Anglican Churches throughout Canada. Though placed in such a beautiful spot, it is shut off in winter time, and Miss Mitchell deserves all sympathy and honor for the courage and steadfastness in her labors for the bodies and souls of the "noble red man," who, unfortunately, seems now doomed to be wiped out by the "great white plague."

A. M. CRAWFORD.

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#### THE ALUMNÆ ASSOCIATION—TORONTO GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES.

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The annual meeting of the Alumnae Association of the Toronto General Hospital was held in the Lecture Room of the Nurses' Home. In the absence of Miss Lennox, the president, the chair was taken by Miss Hodgson, first vice-president.

##### OFFICERS 1905-1906.

Honorary President, Miss Snively, Toronto General Hospital; President, Miss Grace Hodgson, 82 Bloor St. West; 1st Vice-President, Miss Lucy Bowerman, 551 Sherbourne St.; 2nd Vice-President, Miss Minnie Christie, 19 Classic Ave.; Treasurer, Miss Neilson, 295 Carlton St.; Recording Secretary, Mrs. Charles G. Begg, 264 Carlton St.; Corresponding Secretary, Miss Julia Stewart, 12 Selby St. Directors: Miss S. Gladstone, General Hospital; Miss Clara Brown, General Hospital; Miss M. Tweedie, 63 Langley Ave. Conveners of Committees: Miss Mitchell, Com. of Publication, 380 King St. West; Miss F. N. Davis, Com. of Legislation, 179 College St.; Mrs. Findlay, Com. to Visit Sick Nurses, 649 Church St.; Miss M. Roberts, Programme Com., 551 Sherbourne St.

##### SECRETARY'S REPORT.

Toronto, October 10th, 1905.

The seventh anniversary of our Alumnae marks an epoch in the life of the Society. Substantial progress has been made all

along the line and important new work begun, notably, the publication of a quarterly magazine, *THE CANADIAN NURSE*, and, in conjunction with other Alumnae, a Central Registry.

Nine regular and two special meetings were held during the year, with an average attendance of thirty. The membership of our Alumnae is one hundred and forty-three, with a balance in the bank of \$158.08. This is a creditable showing, considering that not many more than one-fourth of the graduates are members of the Society. The Association would rejoice to have all T. G. H. graduates, far and near, one with us in our society work.

The Sick Benefit Fund is growing slowly. There is a balance in the bank of \$450.52, though the membership is but thirty. This is a form of insurance which should commend itself to every nurse, and we hope the close of the year we are entering upon will see its membership materially increased.

Two changes were made in Articles II and III of the Constitution, a corresponding secretary was appointed in December, and the conveners of standing committees were added to the Board of Directors in April.

The work done by four small standing and various temporary committees during the year has been so important and so arduous it is difficult to express our appreciation of it. The Social Committee, under the able management of its convener, has, by written and personal communication, compiled a list of one hundred and seventy nurses practising their profession in Toronto, graduates of good hospitals in Canada, the United States and even England. This list has facilitated the work of the O. A. G. N. Secretary, besides broadening our own interests, as many of these nurses come to our meetings. The work of this committee has brought legislation, our grand ultimate aim, appreciably nearer.

The O. A. G. N., which is really the result of years of work on the part of some of our members, held its second annual meeting in April. Much was accomplished at this meeting, and best of all, that warm good-will which is so necessary to the success of such a society, was apparent in all the proceedings.

The Central Registry Committee, working with committees from the various Alumnae Associations in the city, have together succeeded in placing on a firm basis such a Registry as will be known and used by prominent medical men throughout Ontario. The measure of success already attained augurs well for the future of the Registry, and this Alumnae Association would heartily commend it to all nurses practising in Toronto.

The work of the Publishing Committee has, indeed, been a strenuous one, and has involved not only the sacrifice of time, but has also necessitated the giving up of pecuniary interests for the higher and nobler work of serving. The rank and file of nurses will never know just how much labor and sacrifice has been endured by the members of this committee during the past year,

and to them, and to the energetic Editor-in-chief, Dr. Helen MacMurchy, this Alumnae Association owes a deep and lasting debt of gratitude.

To those nurses who have suffered illness personally or in their homes, and to those who have borne loss of kin, we extend our sympathy.

The cordial thanks of the Association are offered those who addressed our meetings, namely:

Mr. Flavelle, on a New Hospital; Miss Barwick, on a Central Registry; Dr. Adam Wright, on Provincial Registration; Mr. Roy, on the preparation of Lacto-Globulin food for infants and invalids; Dr. Helen MacMurchy, on The Habit of Classification; Miss Snively on Parliamentary Law.

This was an unusual year. Contrary to our usual custom we had no regular lectures, yet the deep interest engendered by our new undertakings has increased the attendance of our own membership. Not only that, but members of other Alumnae Associations and the nurses whom our Social Committee reached are frequently with us.

A committee of two was appointed to make enquiries respecting a course of lectures for the coming year, with the result that two courses are being prepared; one will be delivered to us as a society in our meeting hall, the other will be given elsewhere—a course that will, we hope, find favor not with nurses only, but with the public.

To Miss Snively this Alumnae Association wishes to pay a tribute of thanks. She has been our guide in all our work, our preceptress during and since our student days, our friend always. We welcome her kindly criticism, knowing her judgment wise and keen. We give her honor and love from our hearts, and may she long be spared to the work to which she has been a wide-spread influence and an inspiration.

JESSIE AGNEW BEGG,  
Secretary.

#### TREASURER'S REPORT.

FOR THE YEAR ENDING SEPTEMBER 30TH, 1905.

RECEIPTS.	DISBURSEMENTS.
To balance in bank from 1904. \$129 25	By sundry accounts.....\$201 01
" an'l fees and dues. \$181 00	" cash in bank ..... 158 08
" bank interest..... 4 44	
" special sub-cription. 2 40	
" proceeds from reception ti kets..... 42 00	
<hr/> 229 84	
Total.....\$359 09	Total.....\$359 09

Audited and found correct.

CHAS. G. BEGG.

M. E. DOUGAL, Treasurer.

October 9th, 1905.



## SICK BENEFIT FUND.

RECEIPTS.	DISBURSEMENTS.
To balance in bank from 1904. \$358 58	By sick benefits paid. . . . . \$40 00
" members' dues. . . . \$120 00	" cash in bank . . . . . 450 52
" bank interest. . . . 11 94	
— 131 94	
Total. . . . . \$490 52	Total. . . . . \$490 52
Audited and found correct.	M. E. DOUGAL, <i>Treasurer.</i>
CHAS. G. BEGG.	
Oct. 9th, 1905.	

## REPORT OF PUBLICATION COMMITTEE.

Toronto, Oct. 10th, 1905.

The Publication Committee take pleasure in bringing a full report before the Alumnae Association, hoping to accomplish thus what we have failed to do by other means.

There is just one more issue of THE CANADIAN NURSE to complete its first year.

It has more than come up to our expectations. It has certainly filled the need already, broadening our minds and uniting us in sympathy with each other.

It has become the official organ of the Graduate Nurses' Association of Ontario, the Alumnae Association of the Hospital for Sick Children, Toronto, the Alumnae Association of the Western Hospital, Toronto, and the Alumnae Association of the Toronto General Hospital.

We hope in time our journal may become the official organ of all the Associations in our profession in Canada. We beg you, as individuals, to take individual responsibility. Your Committee have not spared themselves in any way to carry out the wishes and further the interests of our journal.

We know there are only a few who are deeply interested. To make the journal a success, all must be. When first it was spoken of, the idea was to have a very small paper, costing little, and supported by the Alumnae Association of the Toronto General Hospital. When the Committee was formed and the matter considered, we decided such a paper would not answer, and immediately asked permission to enlarge it and publish a magazine worthy of our profession in Canada. As THE CANADIAN NURSE is the first Nursing Magazine in our country, it should have a good appearance. We have now a magazine which does us honor, not only in appearance, but throughout, and every issue has been enlarged. This calls for more money.

Our Editor, Dr. Helen MacMurchy, to whom we owe the high standard of the magazine, has been of the greatest help to us. It is due to her unselfish and generous efforts that our magazine takes the place it does. Being thoroughly acquainted

with the business of such an undertaking, she has carried us safely through.

Miss Minnie Christie, our Business Manager, has worked most faithfully, giving up nursing entirely to carry on the work.

Miss Hargrave's work has been invaluable, many hours being spent in preparing her department.

Also Miss Lennox and Miss Hodgson have been untiring in their efforts, in getting advertisements, subscriptions, and in correspondence. We ask you, now, to show your appreciation of our united efforts, by putting it into practical work. We have issued 1,000 copies quarterly, which means 4,000 a year. These have been sent to England, United States, and all over our own great country. Our subscription list should be doubled. Will all who have not already subscribed do so before leaving this meeting? Also pledge themselves to secure six new subscribers, or even three, yes, one.

The yearly subscription for our magazine (50 cts.), suits the means of every nurse. If all would unite we should have no difficulty in raising our circulation to 2,000. Will you read every article in it? Nothing is printed but what is of vital importance to us. We are being educated by it, on the burning questions of the day. We beg you to study it, discuss the articles with your friends, and send your criticism to our Editor, who will endeavor to put into its pages what is most interesting to you.

We try by this report to show that THE CANADIAN NURSE belongs to you, and this means you must support it, also our Editor, Business Manager and Committee. Again may I urge you to come forward and work up this subscription list. We have both ability and energy. Let us show it by bringing up our subscription list to 2,000. We thank the nurses who have so ably assisted and supported the Committee in this important work. Much has been laborious, but we have taken pleasure in doing it, as well as gaining much valuable experience.

Respectfully submitted,

CHRISTINA A. MITCHELL,

Convener Pub. Com.

#### REPORT OF CENTRAL REGISTRY.

It is with pleasure that I accepted your President's invitation to report on our new venture—the Central Registry, which was started, as you all know, on the 1st June last.

Prior to this time, and in the unavoidable absence of the Registrar, the Registry Committee had pamphlets printed and distributed among all the doctors and nurses throughout the city, and so things were laid in train as it were for the opening, which was marked by our first case on June 2nd. In that month 27 nurses joined and there were six calls, with one for the visiting nurse.

July was a decided improvement as far as calls were concerned, there being ten for the private nurses, and five for the visiting nurse, but there were only nine added to our list. For August 39 private calls, six visiting nurse, with 26 added to the membership. For the month of September, private calls 52, visiting calls 2, new members, 30. At present our roster consists of the following graduates:

Toronto General, 23; S. C. H., 15; St. Michael's, 12; Grace, 16; Riverdale, 5; Western, 4; Orthopedic, 1; English and Canadian, 11; American, 14, making a total of 101.

Our work here is most seriously hampered by that of the untrained or partially trained women, who will undertake a case from \$8.00 upwards, getting even as much as \$15.00; so to do away with this evil as far as possible, the Registry Committee have adopted this plan, to ask a nurse, who is low down on the list if she will take the case for whatever sum the doctor assures us can be paid; that we will keep her on the list, and move her up as the nurse above her goes out, so by the time the district case is over she will be at the top, or near it, for an \$18.00 a week case; or if she should receive a special call in the interim, then we will try and have her relieved, so she can accept it. I spoke to one of our leading physicians about this plan; he was most enthusiastic, and said we were indeed greatly elevating our profession by so doing. We are hoping to be of some assistance to the Victorian Order this winter, when they are overworked and when a patient cannot pay anything, or an emergency obstetrical case. Then if the nurse will give her service for the confinement, the Registry Committee will pay her expenses, such as laundry, car fare, etc., and \$5.00 has been put away for this purpose. The fees up to date have amounted to \$340.00, and the expenses \$290, this amount having been spent on the office books, advertising and Registrar's salary.

We have in the bank at present, \$68.67, and the amount of Registry fees due us is \$175. The only expense we have is about \$5, due Grand & Toy, for printing large, white, square cards, to be hung by the telephones in the various institutions in the city. They simply have the address and telephone number of the Registry, with the remarks that nurses are provided any hour, day or night, also graduate masseuses and hourly nurses. The visiting nurses have provided a most excellent emergency obstetrical outfit, the cost of which is \$3.00. This contains 1 doz. ob. pads, sterilized olive oil, vaseline, carbolic acid, bichloride tablets, a box of absorbent cotton, sterilized cord dressing and safety pins, a douche nozzle and glass catheter, green soap and nail brush and talcum powder. One box is at 644 Spadina, ready to be sent off at a moment's notice, while a second one is at Miss Hunter's. On behalf of the Registry Committee I would earnestly urge that every graduate should join the Registry, it is their own organiza-

tion, started by their own Alumnae, backed by it, and it is only loyalty, faith and conscientious hard work on the part of each nurse that will make the Registry a success. A new venture is always an experiment, and when you have selected your own representative, then you must at least have faith in her, and truly believe that she will do her very best for the interest of her own association, and it is certainly her right to demand the loyal support and hearty co-operation of every individual member. What we ask is very little, merely that each nurse should join, and give as her professional address, The Central Registry. We do not wish to take away a single nurse out of the homes, nor to interfere with a nurse's work, but only to centralize it, and to give as rapid a service as possible for the equal accommodation of doctor and nurse.

E. B. BARWICK,  
Registrar.

#### REPORT OF COMMITTEE ON LEGISLATION.

This Committee has to report constant agitation in favor of Legislation. An address was given to our Association in March, by Dr. Adam Wright, on the subject of Provincial Registration of Nurses. Another was given on October 19th, by Miss L. L. Dock, of New York, on State Legislation.

MARION E. HALL.

#### REPORT OF SICK VISITING COMMITTEE.

During the summer five of our nurses have been sick in the hospital. Miss Nairn, whose illness began in May, is now quite recovered and on duty again. Miss Finucane, who also was ill for some weeks, is on duty. Miss Hargrave is still at her home, Sherbrooke, Que., but expects to return to Toronto in December. Miss Scott and Miss Neilson have both improved, though Miss Neilson is not yet able to return to her work. Miss Scott has left the hospital, but will rest for some time yet. At present there are no nurses off duty from illness.

S. GLADSTONE.

#### CONSTITUTION OF THE ALUMNAE ASSOCIATION OF THE TORONTO GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES.

*Article I.*—The name of the Association shall be: "The Alumnae Association of the Toronto General Hospital Training School for Nurses," of Toronto, Canada; and its object shall be the promotion of unity and good feeling among the Alumnae, and the advancement of the interests of the profession of nursing.

*Article II.* The officers of the Association shall consist of a President, two Vice-Presidents, a Recording Secretary, one (or more) Corresponding Secretaries, and a Treasurer. These officers, together with three other members, and the Conveners of

Standing Committees, shall constitute a Board of Directors, who shall represent the Association and manage its affairs. The officers and other members of the Board of Directors shall be elected by ballot at the annual meeting, and shall serve until their successors are elected.

*Article III.*—The President shall preside at all meetings of the Association; she shall countersign all orders for the payment of moneys, and may, in case of any vacancy, make all necessary appointments until the next regular meeting of the Association.

The Vice-President shall preside at all meetings and discharge all the duties of the President in her absence.

The Recording Secretary shall keep a regular record of the proceedings of all meetings of the Association. She shall notify members by mail of all regular and special meetings.

The Corresponding Secretary (or Secretaries) shall conduct the Correspondence of the Association.

The Treasurer shall take charge of all moneys, collect all dues, and pay only such bills as are countersigned by the President.

*Article IV.*—The Regular Annual Meeting of the Association shall be held during October, at the Nurses' Home, Toronto General Hospital, at such time as the Board of Directors may appoint.

*Article V.*—Graduates of the Toronto General Hospital Training School for Nurses, in good standing in the profession, are eligible for membership. Application for membership to be sent to the Secretary and by her presented to the Association.

*Article VI.*—The initiation fee shall be One Dollar (\$1.00), payable to the Treasurer on admission. The annual dues shall be One Dollar (\$1.00), payable not later than January 1st.

A Life Membership in the Aluminae Association may be secured by the payment of \$25.00.

No member shall hold office or vote at the Annual Meeting who is in arrears to the Treasurer.

*Article VII.*—Honorary Members may be elected by a two-thirds vote of the members at any general meeting of the Association, provided the candidates receive at least ten votes. Honorary Members may be permitted to take part in discussion, but may not vote or hold office.

*Article VIII.*—Each member of the Association shall sign the Constitution to signify her acceptance of the terms of membership and her willingness to be bound by its provisions.

*Article IX.*—At any meeting of the Association five members shall constitute a quorum, and three members shall constitute a quorum of the Board of Directors.

*Article X.*—This Constitution may be altered or amended at any general meeting of the Association, or at any special meeting called for that purpose, provided notice of the change pro-

posed be mailed to each member of the Association at least ten days before said meeting.

*By-law No. 1.*—The order of business at meetings of the Association shall be as follows:

- |                          |                             |
|--------------------------|-----------------------------|
| 1st. Roll Call.          | 5th. Report of Committee.   |
| 2nd. Reading of Minutes. | 6th. Elections.             |
| 3rd. Report of Treasurer | 7th. Miscellaneous Business |
| 4th. Report of Board.    | 8th. Adjournment.           |

*By-law No. 2.*—The Board of Directors shall meet when called together by the President or by any three members of the Board. The Secretary shall send notice of such meetings to each member of the Board.

ARTICLES OF CONSTITUTION OF SICK BENEFIT ASSOCIATION,  
ORGANIZED BY THE ALUMNAE ASSOCIATION OF THE  
TORONTO GENERAL HOSPITAL TRAINING  
SCHOOL FOR NURSES.

*For Sick Members Actively Engaged in the Work of Nursing.*

ARTICLE I.

*Section 1.*—The Benefit Fund shall consist of \$4.00 yearly dues, payable in advance, and donations and bequests.

*Section 2.*—The Benefit Fund shall be devoted to the care of members in time of illness.

*Section 3.*—Upon notification of the illness of a member she shall be visited by the Executive Committee, or by some person appointed thereby, and upon the approval of the Executive Committee she shall be paid a weekly sum of \$5.00 for a period not exceeding four weeks in any one year, but this amount may be increased at the discretion of the Executive Committee.

*Section 4.*—Members not residing in the City of Toronto will be entitled to receive the same consideration as residents, provided they make a written application to the Society, enclosing a certificate from the medical attendant.

ARTICLE II.

*Section 1.*—Annual dues shall be payable in advance (without official notification) for the year concurrent with the Alumnae Association year beginning in October.

*Section 2.*—Members desiring to join the Sick Benefit Association at any period during the year may do so on payment of the pro rata amount of the annual fee for the balance of the year.

*Section 3.*—No member on joining the Sick Benefit Association shall be entitled to its benefits until one month after becoming a member.



## ARTICLE III.

The Executive Committee shall consist of the Board of Directors of the Alumnae Association, three of whom shall constitute a quorum for the transaction of business connected with the Benefit Fund.

## REPORT OF PROGRAMME COMMITTEE.

This Committee has to report that two separate programmes are in process of preparation. One for us as an Association is as follows:

Surgery, November, Dr. F. N. G. Starr; Obstetrics, December, Dr. Mellwraith; Typhoid, Dr. Thistle; Children's Diseases (two lectures), Dr. J. Graham; Pneumonia, February, Dr. Helen MacMurchy; Humanitarian Side of the Nurse's Life, Dr. J. T. Fotheringham.

The other programme is open to all interested, and is as follows:

Registration at Home and Abroad, October 19th, Miss L. L. Dock; The School Nurse, January, Miss L. Rogers; Tubercular Nursing in the Homes, February, Miss Damar; The Nurse as a Citizen, March, Mrs. Hunter Robb; Sanitary Inspection, April, Mrs. Von Wagner. The months of November and December not yet filled.

M. CAVEN.

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THE ALUMNAE ASSOCIATION—HOSPITAL FOR SICK CHILDREN, TORONTO.

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## SECRETARY'S REPORT.

The Alumnae Association of the "Hospital for Sick Children," Toronto, Canada, held their second Annual Meeting at the Hospital, College Street, on October 14th, 1905.

The year closed with a membership of thirty-two, showing an increase of thirteen over last year. The members have taken a greater interest this year in the Association. Numerous letters have been received from graduates nursing elsewhere. The officers report with satisfaction the organization of a "Sick Benefit Fund" in connection with the Alumnae, which, it is hoped, will encourage the graduates to join the Association.

Through the kindness of Mr. J. Ross Robertson, two rooms have been set apart for the use of our sick graduates. He also donated Fifty Dollars to the "S. B. F."

Our meetings have been mostly of a business character and have been well attended. The thanks of the Alumnae Association are due to Dr. Helen MacMurchy, for a very interesting talk on "Patent Medicines," and Dr. McPhedran, on "Diet of Patients." The thanks of the Association are tendered Mr. J. Ross Robert-

son for printing done during the year. We regret the loss of Secretary, Miss Doble, whose services were highly appreciated by the Association. She is now nursing in New York. The sincere sympathy of the Association is extended to Miss Hamilton, our President, who suffered from a painful fracture for many weeks, also to Miss Mary Gray, who has had a long and trying illness.

Through Miss Brent, the Lady Supt. of the above Hospital, one month in the operating room has been offered to our graduate nurses, during the months of July, August and September. Also by invitation of Miss Brent, the Alumnae Association were invited to hold their closing meeting of the year at "The Lakeside Home," on Saturday, June 10th, 1905, in conjunction with St. Barnabas Guild. After a very pleasant social meeting, the Alumnae were invited to attend the Guild Service, which was conducted by Canon Welsh.

It is requested that all members shall notify the Secretary of any change of address.

505 Sherbourne Street.

MARY GRAY,

Sec'y. A. A.

#### TREASURER'S REPORT.

FOR YEAR ENDING OCTOBER, 1905.

RECEIPTS.		DISBURSEMENTS.	
Balance from last year.....	\$33 65	Annual Reports.....	\$16 12
Annual fees and dues.....	35 00	Postage.....	6 00
Interest on deposit.....	0 43	Stationery.....	3 25
		Flowers.....	1 00
		Refreshments.....	1 36
		T. tal.....	\$27 73
		Balance on hand.....	41 35
Total.....	\$69 08	Total.....	\$69 08

#### SICK BENEFIT FUND.

Donation, Mr. J. Ross Robertson.....\$50 00

IRENE SHEPARD, *Treasurer*

### THE TORONTO GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES.\*

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During the past year there have been a total of 666 applications for admission to the training school; 39 of these were accepted and admitted on probation, and 25 were ultimately enrolled as members of the School, while one was dropped from the roll.

The nursing staff of the Hospital, therefore, consists of the following: 3 probationers, 78 under-graduate, and 7 post-graduate nurses, a total of 88 nurses in all.

In 1903, 155 special nurses were employed during the year; in 1904, 244, and in 1905, there have been about 375.

For the first time in many, many years we miss the familiar face of one who always wore her Nurse's Cap, and never failed to be present on graduating evening. Mrs. Margaret Davis was a nurse in this Hospital for many years, many years ago, and though she did not belong to the Training School, properly speaking, she certainly did belong to the Hospital. Mrs. Davis passed away peacefully and quietly on Sept. 18th.

The following have received appointments during the past year: Miss Elizabeth Gordon, Supt. of General Hospital, Kingston, Ont.; Miss Elizabeth Flaws, Supt. of Butterworth Hospital, Grand Rapids, Mich.; Miss A. Macfarlane, Lady Supt. City Hospital, Vancouver, B.C.; Miss Ida Bingeman, Lady Supt. General Hospital, Parry Sound, Ont.; Miss Agnes Baldwin, Supt. Polytechnic Hospital, New Orleans; Miss Lauder Sutherland, Supt. Nurses City Hospital, Hartford, Conn.; Miss Clara Green, Supt. General Hospital, Belleville, Ont.; Miss Ida Sharpe, Supt. Nurses Long Island College Hospital, Brooklyn, N.Y.; Miss Mary McGibbon, Asst. Supt. Polytechnic Hospital, New Orleans; Miss Nellie Campbell and Miss C. Menzies, Head Nurses City Hospital, Vancouver, B.C.; Miss Maud Brown and Miss Helen King, Head Nurses, Good Samaritan Hospital, Dawson, Yukon; Miss Bessie Dickens, Office Nurse, Toronto; Lizzie McDonald, Office Nurse, Los Angeles, Cal.; Gertrude Thorne and Marion Wilson, joint proprietors of the Rest-a-While Sanitarium, Mt. Dora, Fla.; and in our own Hospital, Jessie Christie, Assistant Supt. of Nurses for five months; Jeanette Neilson, Supervisor of Night Nurses for seven months; Eva Thorpe, Head Nurse of Operating Room, and Stella Irwin, Head Nurse of Emergency Branch, Bay Street.

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\*Abstracts from the twenty-fourth annual report of the Superintendent, Miss Snively.

## GRACE HOSPITAL.\*

It is my pleasure to submit the fourteenth annual report of the Training-School for Nurses, in connection with Grace Hospital. Three hundred and twenty young ladies have applied for admission to the Training School, against two hundred and fifty-four last year. Of the twenty-seven received on probation, thirteen were accepted, eight refused, and six did not remain. Three nurses were dismissed during the year. Of the nurses remaining in the school, eight are in their third year, nine in their second, fifteen in their first, and four probationers, total of thirty-six. The Training School has now a total of one hundred and three graduates as follows:—Private nursing, seventy-three; hospital positions, six; married, twenty-three. The following hold hospital positions:—Miss E. B. Clarke, General Hospital, Sarnia, Ont.; Miss Minnie Hector, Trinity College School, Port Hope; Miss A. McLeod, General Hospital, Fort McLeod; Miss Lottie Segsworth, Dr. Brown's Hospital, Birmingham, Alabama; Miss Edith P. Jones, Colorado Sanitarium, Colorado; Miss E. I. Knox, Port Simpson General Hospital, Vancouver, B.C.

We wish to extend our thanks to the following doctors of the staff, who have so kindly lectured for the nurses:—Obstetrics, Dr. J. M. Cotton, Dr. C. J. Hastings; Physiology, Dr. D. W. McPherson; Surgery, Dr. G. P. Sylvester; First Aid to the Injured or Sick, Dr. William Nattress; Anatomy, Dr. J. H. McConnell; Gynæcology, Dr. J. W. Hunter Emory; Infectious Diseases, Dr. A. O. Hastings; Eye and Ear, Dr. L. L. Palmer; Diagnosis, Dr. L. H. Evans; Bandaging, Dr. T. H. Stark; Nose and Throat, Dr. J. N. Anderson.

Out of 11,352 nursing days, 166 days have been lost through illness. On account of three cases of typhoid, pneumonia and rheumatism occurring among the nurses, the percentage of days lost is rather high, but with these exceptions, their health has been good.

Forty-six graduate nurses have been employed in the hospital during the year, and fifteen under-graduates. \$435.90 have been realized this year from nurses on special duty, against \$802.20 last year. The hospital has been crowded all the time, necessitating the employment of graduates as special nurses.

The nurses receiving diplomas are, in order of merit:—Georgie L. Rowan, Jessie Denmark, Mabel Eva Duke, Joanna Allen, Ella Knight, Lucy Louise Robinson, Edna May Sayers, Edith Lyle Owen, Lena Maud Haslitt.

\*Extracts from the fourteenth annual report of the Superintendent, Miss Patton.

THE ALUMNÆ ASSOCIATION OF THE TORONTO  
GRACE HOSPITAL TRAINING SCHOOL  
FOR NURSES.

SECRETARY'S REPORT.

October 14th, 1905.

As the Grace Hospital Association was organized so lately as March 25th, 1904, it is wonderful the growth to which it has attained. At the close of this year we find we have a membership of forty-six, two Honorary and forty-four Active, an increase of sixteen since last year.

The members of the Association had thought that during the year it would be possible to organize a Sick Benefit Fund, but on further consideration decided that it would probably be advisable to wait until the Society was older. We have, however, decided on and come into possession of our pin, which was designed by Dr. Evans, and which bears the words "*Succurrere disco Miseris*"—we learn to help the suffering.

The monthly meetings during the year have been very well attended, considering the difficulty nurses on private duty have of getting out at any fixed time; this success is due, no doubt, to the trouble and care the Entertainment Committee has taken to arrange the programme for each month. Lectures delivered and papers read by the following were highly appreciated: "The Pulse," by Dr. C. J. Hastings; "What is of Interest to the Nurse," by Dr. H. L. Evans; "Registration," paper read by Miss Emma Haldenby from *Am. Journal of Nursing*; "Nursing of Pneumonia," paper by Miss Carrie De Vellin.

The nurses "At Home" held in October was a most gratifying success. It was held in the nurses' Reception Room at the Hospital which was tastefully decorated with chrysanthemums and palms. Miss Patton and Miss Haldenby received the guests, which included many of the doctors of the staff and their wives.

OFFICERS, 1905-6.

Honorary President—Miss Patton, Superintendent, Grace Hospital.

President—Miss De Vellin, 505 Sherbourne Street.

First Vice-President—Miss Macpherson, 38 Cecil Street.

Second Vice-President—Miss Chant, 50 Avenue Road.

Treasurer—Miss Irwin, 9 Pembroke Street.

Secretary—Miss Evans, 21 Park Road.

Assistant Secretary—Mrs. Macquoid, 26 Selby Street.

Directors—Miss Haldenby, 16 Earl Street; Miss Forbes, 36 Marlborough Avenue; Miss Goldnor, 556 Church Street; Miss McKeown, 26 Selby Street; Miss O'Byrne, 50 Avenue Road.

### THE CANADIAN NURSES' ASSOCIATION.

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The annual meeting of the Canadian Nurses' Association was held on Tuesday evening, October 3rd. The president in the chair.

The reports for the year of secretary, treasurer and registrar were most encouraging. During the year ten hundred and seventy-six cases were arranged for, and for the last three or four months there have not been enough nurses to supply the demand made on the registrar, though fifty-three new names were added to the roll of membership during the year.

The six lectures delivered by the physicians and surgeons were most instructive, and our thanks are due them for the trouble and care taken in our behalf, also for a number of valuable books and pictures presented to the library. The C. N. A. reading-room is at 169 Peel Street, where the latest medical and nursing literature may be found.

It was agreed that we make *The Canadian Nurse* our official organ. We wish it every success, and trust it may meet with such unity and co-operation that it may become *the journal* for the whole of Canada.

The officers and committee for the ensuing year were elected as follows:—

President, Miss DesBrisay; 1st Vice-President, Miss Dunlop; 2nd Vice-President, Miss Baikie; Treasurer, Miss Cooper; Cor. Secretary, Miss Collier; Rec. Secretary, Miss Beard. Committee—Miss Hill, Miss E. Cooper, Miss McBride, Miss Baynes, Miss Bullock.

We have very much pleasure in appointing Miss Henderson, Lady Superintendent of the Royal Victoria Hospital, as our Honorary President.

At the close of the meeting refreshments were served, and the nurses enjoyed their reunion. It was with much regret that we bade good-bye to our late President, Miss Colquhoun, who has left us to spend the winter in California.

HELEN DES BRISAY.

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This is the prayer always used to constitute the meetings of the Edinburgh College of Surgeons. It is traditionally understood to have been framed by John Knox:

"O Eternal God, our loving and merciful Father in Christ Jesus, seeing we are convened to treat of those things which concern our calling, we beseech thee, O Lord, to be merciful to us, and give us grace to proceed therein without malice, grudge, or partiality: so that the things we do may tend to the glory of God, the weal of our vocation, and the comfort of every member of it: through Jesus Christ our only Lord and Saviour. Amen."



## PREPARATION OF GLOVES.

After five minutes' scrubbing with soap and hot water, the hands are thoroughly dried with a sterile towel and rubbed with alcohol to remove any moisture. Clove oil is then rubbed into the skin for five minutes and afterwards washed off with alcohol. The dry sterile rubber gloves are then put on.

1. All gloves must be washed thoroughly in warm water with green soap, then turned and washed thoroughly on inside.

2. Rinse in clean, cold water, and test while rinsing with water.

3. Mate and roll in gauze, marking as follows: (1) Very large pairs, two large safety pins; (2) medium size, one large safety pin; (3) small gloves, one small safety pin; (4) other gloves leave unmarked.

4. Put all gloves in glove cage and clasp lid tightly.

5. Put plain water in copper boiler—enough to thoroughly cover entire glove basket.

6. When boiling, introduce glove basket and allow gloves to boil hard ten minutes.

The glove basket must be weighed down with something heavy, so that gloves may be under water while boiling.

When gloves have been put in to boil, nurse must tie up her hair with gauze and cover mouth with mouth-piece; sterilize her hands as for an operation; put on sterile long-sleeved gown and first pair of gloves just sterilized, which must be discarded after all are finished; cover table with sterile sheet; put on dressing towels and sterile powder-pan ready to begin.

Gloves are then dried thoroughly with sterile towels inside and out; powdered inside and out with sterile talcum powder, rolled in sterile gauze and pinned as before; each set rolled in sterile towel, with extra sterile towel on outside, and labelled.

Make as many complete sets as possible, and put all extra pairs in separate set, and label odd gloves.

A set consists of two pairs for surgeons, pair for house surgeon, two pairs for nurses.

Before the gloves are put on for the operation, the nurse powders her hands with sterile powder, then takes a piece of sterile gauze to handle the first glove, and after that she puts on all the other gloves for the surgeon, house surgeon or nurses.

E. G. FLAWS.

The Butterworth Hospital, Grand Rapids, Mich.

# The Canadian Nurse

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## COMMITTEE ON PUBLICATION:

MISS MITCHELL, 380 King Street West, *CONVENOR*.  
MISS LENNOX, 62 Czar Street. MISS HARGRAVE, 380 King Street West.  
MISS CHRISTIE. MISS BEAM, 12 Selby Street. MISS HODGSON.  
MISS GORDON, President Graduate Nurses Association of Ontario.

## COLLABORATORS:

MISS CHILLMAN, Supt. General Hospital, Stratford, Ont.	MISS F. SHARPE, Supt. General Hospital, Woodstock, Ont.
MISS SHEPHERD, Supt. General Hospital, Guelph, Ont.	MISS GREGORY, Supt. St. Luke's Hospital, St. Louis, Mo.
MISS SCOTT, Supt. Ross Memorial Hospital, Lindsay, Ont.	MISS MOLLIE STUART, Supt. Marion Sims Sanitarium, Chicago, Ill.
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## BUSINESS MANAGER:

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## ASSOCIATE EDITORS:

MISS ROBINSON, Supt. General Hospital,  
Galt, Ont. MISS HODGSON, 82 Bloor Street West,  
Toronto, Ont.

## EDITOR:

MISS HELEN MACMURCHY, M.D., 133 Bloor Street East, Toronto.

The Editors will always be glad to receive MSS. These should be written on one side of the paper only. A margin should be left, and the number of words indicated on each page. Articles accepted will be paid for on publication.

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VOL. I.

TORONTO, DECEMBER, 1905.

NO. 4

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## Editorial.

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## REGISTRATION.

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This is our Registration number, and we have great pleasure in presenting to our readers Miss Dock's valuable address, and other important articles. The Legislation Committee is doing nobly and are already working on the draft of a Bill. Let us all lend our aid to this great movement to uplift the profession until we have Registration an accomplished fact. This is our duty and our privilege.

TO OUR READERS.

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It gives us the greatest pleasure and satisfaction to announce to our readers that THE CANADIAN NURSE is now the official organ of The Graduate Nurses' Association of Ontario, the Canadian Nurses' Association of Montreal; and of the Alumnae Associations of the following Training Schools: Toronto General Hospital, Hospital for Sick Children, Toronto; St. Michael's Hospital, Toronto; Grace Hospital, Toronto; The Riverdale Isolation Hospital, Toronto; The Western Hospital, Toronto. It is hoped that all other Nurses' Associations in Canada will also adopt THE CANADIAN NURSE as their official organ, and we respectfully request the officers of such Associations to bring this question before their members at the December meeting. Our Business Manager will be delighted to hear from them *before* the end of the year. All Associations adopting THE CANADIAN NURSE as their official organ will have their reports, lists, papers, etc., published by us at a special rate, and it is intended that the newly-appointed Publication Committee shall at once mature a plan by which all such Associations may be represented on the Publication Committee, the number of their members subscribing to THE CANADIAN NURSE being taken as a basis of representation. We therefore urge the prompt payment of all subscriptions for 1906, which will fall due as soon as this, the last number of our first year, is in the hands of our subscribers. We desire to ask most respectfully that each one will double her subscription this year by sending us the name of one new subscriber. One dollar is far more easily mailed than fifty cents. We have already a fine subscription list, but if it were doubled THE CANADIAN NURSE would be twice as good.

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FROM THE PUBLICATION COMMITTEE.

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The Publication Committee of THE CANADIAN NURSE is desirous of bringing before each Nurses' Association in Canada, the importance and potentiality of the future of this Journal. There is a great need for such a Journal, as the work of our first year has proved, in that 4,000 copies have been brought out, and we are entirely free of debt, though we have had absolutely no financial influence to back us.

The members of the nursing profession, through this publication, have been brought into touch, and the view-point for all bettered thereby; while the interest and enthusiasm it has aroused assure us of the sympathy of the profession for its progress. But in order that it may become the success it promises, it is imperative that it have the loyal support of all the nursing profession of

Canada. Therefore, we would earnestly ask all Associations to adopt THE CANADIAN NURSE as their "official organ," and employ its pages to publish annual reports and all business in connection with Associations. We would also ask every Canadian nurse to send at once her subscription for 1906, to the Business Manager, Miss Christie, 19 Classic Ave., Toronto, and would respectfully suggest \$1.00 for her own subscription and that of a new subscriber as the easiest sum to send.

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### Editorial Notes.

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#### **The President of the British Medical Association.**

We extend our heartiest congratulations to the new President of the British Medical Association, Dr. R. A. Reeve, and desire, on behalf of our readers and the nursing profession in Canada, to wish him the greatest success and pleasure in his onerous duties.

#### **Nurses for the Middle Classes in Britain.**

Mrs. Lewis, the widow of the well-known money-lender, Samuel Lewis, has given a large sum of money to establish the "Ada Lewis Nurses," who will act as visiting nurses for those who cannot afford a resident nurse, but can pay a small sum. A nominal charge of 5s. to 10s. a week will be paid by the patient.

#### **The Problem of the Trained Nurse.**

We hope that many of our readers have read the article under the above heading, which appears in the *National Review* for October. It is by Lady Helen Munro Ferguson, daughter of the late Marquis of Dufferin and Ava, and deals ably with the Registration question.

#### **Generous Donations to the General Hospital.**

The Toronto General Hospital has recently received magnificent donations, which have gladdened the hearts of all interested in its work and in the welfare of the community. It is a matter for great thankfulness to see and feel the growth of a wise, generous and noble spirit among us.

#### **Red Tape.**

The *British Medical Journal* and others have drawn the attention of the Empire to the fact that great mistakes have been made in the plans for the Nurses' Residence in connection with the new Military Hospital at Millbank, England. It is further stated that Queen Alexandra herself offered to give £2,000 out of her own private purse in order that the mistakes might be rectified. Her Majesty's generous offer and the attention directed to the subject will, no doubt, be effectual, but there is evidently more red-tape than common-sense somewhere.

**Miss Flora C. Stevenson.**

In the death of Miss Flora C. Stevenson, LL.D., the nursing profession has lost a great friend, and the world a great woman. She was Chairman of the Edinburgh School Board, one of the governors of the George Heriot Trust, and a vice-president of the Society for State Registration of Nurses. The children of the schools of Edinburgh lined the route to the cemetery as the funeral passed, and the presence of thousands of citizens bore testimony to the universal respect in which she was held both in life and in death. Miss Stevenson had conferred upon her some years ago an honorary degree by the University, and the freedom of the city of Edinburgh.

**"Our English Mother" A Knight.**

This is the Japanese name of Mrs. Teresa Richardson, who returned lately from Japan, where she worked during the war. Mrs. Richardson is a Welsh lady, a fluent linguist, and an army nurse of experience in South Africa and elsewhere. The Mikado conferred upon her the Sixth Class Order of the Crown, which carries with it the honor of Knighthood. She has also received the Order of Merit of the Japanese Red Cross, and two medals. King Edward has graciously sanctioned her acceptance of these foreign decorations, which are all the more interesting because women are not yet eligible for the English orders of Knighthood.

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**The Contributors' Club.**

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**LAPAROTOMY STRAPS—**

In your June number new ideas were asked for, and also reports of unusual cases. In response to this I would like to give some ideas that I came across in New York when taking a postgraduate course. They will doubtless be familiar to many, but not, I venture to think, to all. Therefore, I will give one that I have found specially useful, namely, the mode of keeping on dressings by means of laparotomy straps. It is not very generally known in Canada, I think; at least, on my return I introduced it into Kingston General Hospital, and in Montreal the doctors I met had not seen it.

To make the straps take strips of adhesive (z. o. is best) about six inches long and two wide, turn the covers of one end to form a point. In this cut a hole, then take about twelve inches of tape, make a hole in the end, pass through the hole in the adhesive, and then through the hole in itself, drawing tight, and forming a firm, hard knot. Next apply a piece of the muslin that you had taken off the face of the adhesive from the point of the strap back about one-third of the length, to prevent it from sticking to the dressings.

These straps are always made and used in pairs. In using apply your dressings, then put a strap, one each side, applying firmly to the person of your patient, then tie your tapes.

In this way dressings can be kept perfectly in place on any part of the body, and can be changed quickly and easily without any troublesome bandaging. I have simply given the usual size for abdominal dressings, and, of course, as many can be used as necessary. To remove, wet thoroughly with alcohol before pulling off.

Amy Wartman.

450 Princess Street, Kingston, August 25th, 1905.

## ANTISEPTIC—

The following is a cheap and excellent formula for an antiseptic and takes the place of expensive proprietary articles in every particular. The quantities given are sufficient to fill a Winchester.

R	Thymol.....	gr. xl.
	Menthol.....	grs. xvi.
	Ac. Salicylic (C. P.).....	3 viis.
	Ac. Boric (C. P.).....	5 xii.
	Eucalyptol.....	iii xxx.
	Ol. Gaultheria.....	iii xx.
	Formaldehyde 40%.....	3 iv.
	Aqua ad.....	3 lxxx.

Before filtering mix with calc. carb. powder, and a beautifully clear solution will result.

We use this for a mouth wash in the following proportions :

R	Antisepti.....	3 iss.
	Glycerine.....	3 ss.
	Aqua ad.....	3 iv.

## BISMUTH FORMIC IODIDE—

Now that Bismuth Formic Iodide powder is being so extensively used as a dressing for wounds, the following methods of preparing gauze may prove useful. The gauze is cut into yard lengths, and rendered sterile in the usual way. For each yard take—

R	Bismuth-Formic Iodide (Pulv.) .....	grs. l.
	Glycerine.....	3 vi.
	Alcohol.....	3 i.
	Aqua ad.....	3 iv.

Mix together thoroughly, and pour over the gauze which has been placed in a sterile basin, and with hands which have been rendered surgically clean rub in till every mesh is well saturated. Fold in towel and sterilize. We have used this gauze in our hospital for years, and find it eminently satisfactory in all places in which the iodoform gauze is used, except in tuberculosis and rectal cases, in which the iodoform is preferable. One advantage it possesses is that while not such a bright color as iodoform gauze, sterilizing does not produce any change in its appearance.

Collingwood G. & M. H.

## APATHY AND BUSINESS—

There are two decided characteristics that seem to me to belong solely to the "nursing profession," and wishing to bring them to the notice of all nurses, I think I cannot do better than by sending a contribution of ideas to "The Canadian Nurse." Firstly, then, I find the lack of active personal interest shown by the nurses in general over the agitation in Canada for the legislation necessary for registration.

Of course, the old excuse of nurses leading such busy lives always "holds good," but from my experience in the work and in meetings, I have found that the "busiest" nurses are the ones to be relied on to attend meetings and give their time and personal help towards the furtherance of the cause. The newer graduates seem to treat the agitation as "something apart from them." Why cannot they come forward and take up their share of interest and work? The prevailing idea is that "some future time will do." Well, it won't do. Now is the time for accomplishing our registration, for in a few years' time it will be almost an impossibility to obtain the results we desire, so that we may be ready for all business connected with our profession and the recognition of our legal standing.

Secondly, I would like to call attention to the fact that the majority of nurses are nearly always behindhand in the payment of their dues. As a class, nurses are the most improvident of working women. Their cry usually is, "Oh! I have no money just now, wait till my next case." As far as I can see, there is absolutely no need of such a state of affairs, providing nurses can be made to look on all obligations as business transactions, and that they should, on principle, try to save a certain amount per month. In fact, I think it would be a wise plan if the super-



intendent of each hospital would provide each graduating class with a course of lectures on "Simple Business Transactions," and the accurate keeping of personal accounts. This, I have no doubt, would be helpful to many nurses, and open their eyes to the fact that during the earlier years of active work they should provide for sickness and old age. Then, also, having thus a working acquaintance with money matters, they would not indulge in extravagances which they regret later, and so be always ready to promptly meet all accounts.

Mrs. Davis—

Mrs. Davis was a name and personality familiar to hundreds of graduates of the Toronto General Hospital. She was the last link of the old-time nurse whose reign flourished before training-school days, and she was an excellent type of her generation.

To those of us who love the traditions of the old Toronto General Hospital, her stories of bygone days were always of the greatest interest; how one woman would do the nursing, scrub the white pine floors, and keep up the wood-fires of a ward like No. 5; how the nurses dined in the kitchen, scampering off to their wards and down stairs at the sound of a big bell in order that each might secure her portion of potatoes cooked in their skins, and also her rightful allowance of beer. The present store-room, butcher shop, and cold storage room and Ward 7 were used for sleeping apartments. The night nurses always did night duty and slept in the tower rooms of the attic. Such traditions and reminiscences caused us to fully realize how times had changed, and what a marvellous benefit the introduction of training-schools and educated women into hospitals must prove to sick and suffering humanity.

The nurse of Mrs. Davis' time worked under disadvantages; her hardships were many, her sacrifices great; she had practically no professional instruction, but we know that in her way, and according to her light, she did good work. There was the womanly sympathy and the womanly touch and kindness of heart under a rough exterior. We know from Mrs. Davis that loyalty, order, and discipline were not disregarded, and that the principal teacher was the greatest of teachers—common sense—"Truth and God's own common sense, which is more than knowledge."

Mrs. Davis gave many an excellent pointer in nursing, and I remember instruction given to a graduate with much profit, for the same instruction has been passed on to succeeding generations of nurses:

"For their work continueth  
And their work continueth  
Broad and deep continueth  
Great beyond their knowing."

With the passing of Mrs. Davis, an old hospital landmark has been removed, and many of us feel that we have lost an old friend. She was appreciative of remembrances, and always interested in the success and welfare of the graduates of the Toronto General Hospital. E. C. G.

Kingston, November 4th, 1905.

THE DOMINION IRON AND STEEL CO.—

The following interesting account of a Canadian hospital is written by Miss Edith Draper (Bellevue), formerly of Toronto. Miss Draper has held important positions in the Royal Victoria Hospital, Montreal, and elsewhere. She opened the hospital of the Dominion Iron & Steel Company at Sydney, and was its first superintendent. The "Canadian Nurse" welcomes her back to Canada.

In 1901 the Dominion Iron & Steel Company, of Sydney, found it necessary to build a hospital for the care of their injured employees, as no institution of the kind then existed in Cape Breton, and there was sore need. The building though small is very complete, and is equipped with all modern necessities. It is beautifully situated upon a rising ground in the best part of the town, the only drawback being that it is about a mile distant from the steel works. The company cares gratuitously for all its accident cases, and the hospital is open to outsiders on payment of a moderate charge. Only contagious cases are excluded. A Government grant is received from the Province of Nova Scotia, and the hospital is under control of a Board, comprising representatives of the Steel Company, the medical profession, and the town of Sydney.

## Correspondence.

October 18th, 1905.

Editor "Canadian Nurse":

Dear Madam,—Nicholls Hospital, Peterboro', was built by Mrs. Nicholls in 1889. Mrs. Nicholls left a small endowment, and some more money that could be used for this hospital, or for any other charitable work. Our yearly deficiency is (or has been so far) made up out of this fund. We get no aid from the town.

There are twelve nurses in the training-school, and there is a course of three years, including general, medical, surgical, gynæcological, maternity, and infectious nursing. We are quite proud of the positions held by some of our graduates, also of our surgical work. After a great deal of work we thought we were going to have the infectious wards closed, but the change the trustees have made leaves us almost worse in the matter of infectious wards than the old ones were. They have windows within a few feet of our maternity and surgical wards. Still, we hope in time that the city will do as has been promised and build a proper isolation hospital. Our hospital is a pretty building, and the wards are very bright. The site is perfect, on a hill, facing the east, with a view of the Otonabee.

Helena, Montana, Aug. 25th, 1905.

Dear Editor,—Have thought the work of trained nurses in this Western city might be of interest to the readers of "The Canadian Nurse."

During the last few years the demand for skilled care in the home has grown rapidly.

Two years ago I knew the superintendent of an hospital who wrote to prominent physicians in Helena and Butte, Mont., asking them the outlook for trained nurses in those cities. The replies without exception, were not favorable. There were a few nurses in both cities, but they were having uphill work. In fact, trained nursing was still in its infancy.

Three years later I came to Helena to take an hospital position. During the months I was at the hospital there were many calls for nurses both in town and to cases out of town. There was but one nurse doing private work to answer these calls. I decided to take up private nursing. Many of my friends predicted failure. "Why, there will be three months at a time when you will have nothing to do," said they. "Helena is a healthy city." But I was kept busy, as were others who gradually joined our ranks.

Now we have twelve nurses on the registry, about sufficient to fill present demands, as Helena has only 14,000 inhabitants. The registry has been organized for two years. The name of no nurse is enrolled until she shows her diploma, and thus the great evil of unqualified women, palming off on an unsuspecting public as trained nurses, has been done away with. Before the registry was formed the difficulty with which a family procured a nurse was often surprising. The physician would give them a list of nurses. They would telephone where possible, and then take long walks up and down hill from one address to another, often in the end having to give up the fruitless search, when, in some part of the city, sitting in her room perhaps, was a nurse wishing for a case.

Now the physicians and public can get a nurse with ease and promptness by calling up the registry.

We find private nursing interesting and arduous here, as elsewhere; being now in an elegant city home, or then in a quiet, ranch home, or perhaps in a mining town, one or two hundred miles from Helena. We don't count distance here as in the East, but we learn to love the expanse, the freedom of this great West, with its grand old mountains, and happy hospitable people.

One thing has greatly amused me, and it was to hear a new arrival

in the nursing ranks tell us how things were done "back East." After a time she began to feel more like us. It had dawned upon her we were nearly all graduates from eastern training-schools, and not so far behind the times after all.

It is the spirit of the West to be progressive; and I am proud to say our nurses have that spirit. Sincerely yours, Margaret Hughes.  
28 Denver Block, Helena, Montana.

Dear,—I was very pleased to see the examination papers of the different hospitals in the last issue of "The Canadian Nurse." It is helpful in a small hospital to know the standard of the larger and older established institutions. I must congratulate the editor and staff of "The Canadian Nurse" on the able way they are handling the paper. I feel quite proud of it, and wish it every success, that it so fully deserves.

Yours very sincerely,

M. C. Hyde, Superintendent of the Hospital, Dauphin, B.C.

### The Nurse's Library.

THE DELINEATOR for December is a beautiful Christmas number. This magazine, long known as a great authority on fashions (as it still is), is now much more. The articles by Mary H. Abel, on "Pure Foods and How to Get Them," are alone worth the price of the magazine. The stories, articles and verse are of a high order. (The Butterick Publishing Co., New York.)

QUEEN'S NURSES' MAGAZINE. This is one of the editor's best friends. We already view with affection the V.R.I. in the centre, and the Q. N. Q. V. in either corner of the Greek scroll on its blue and white cover, and we always look twice at the motto, so dear to the hearts of hard workers who cannot always get to church, "Laborare est orare." The editor is Lady Hermione Blackwood, herself a Queen's nurse, one of the daughters of the great and beloved Marquis of Dufferin and Ava. The September number is full of interesting news and articles about the work of the Queen's nurses and others, including a page or two about the Victorian Order in Canada. (Annual subscription (to nurses), 1s. 3d. Address the Editor, Clondeboye, Co. Down, Ireland.)

THE 'VARSITY is always interesting and full of college and university news. The new editor, we understand, has arranged for a number of special articles during the year. The Hallowe'en number contained an excellent suggestion to the University Commission—that Toronto University should have a Lord Rector. We say so, too.

SURGICAL ASPECT OF DIGESTIVE DISORDERS. J. G. Mumford, M.D., and A. K. Stone, M.D. (London and New York: Macmillan & Co. Toronto: Morang & Co.) \$2.50.

This is a book as interesting as it is timely. Distinctly modern, and with a literary quality, it is attractive reading, and suggests many new thoughts. The authors are both instructors in the Harvard Medical School—one in surgery, the other in medicine. The book opens with an Argument in which the main theses of the volume are set out and the first chapter is a historical account of ancient conceptions of the digestive organs.

MEDICAL ELECTRICITY AND LIGHT TREATMENT. By Sister Kate Neale. (London: The Scientific Press.) 2s. 6d.

The Sister-in-charge of the Actino-Therapeutic Department of Guy's Hospital has prepared a book which will be a boon to all nurses having to do with the electrical and light treatment. The explanations are excellent and the whole plan of the book satisfactory.

**THE DIETETIC AND HYGIENIC GAZETTE**, a magazine published in New York, is of great interest and value to nurses. Besides, it has a supplement of twenty pages or more, edited by F. W. Barrows, M.D., devoted to nursing, with special reference to the relation of nurse to physician.

**THE EYE : ITS REFRACTION AND DISEASES.** By Edward E. Gibbons, M.D., Chief of Clinic of Eye and Ear Diseases in the University of Maryland, Baltimore. (London and New York : The Macmillan Co. Toronto : Morang & Co.) \$5.00.

This beautiful volume, with many illustrations and admirable letterpress is a model of what a book ought to be. The author gives a detailed account of the embryology and anatomy of the eye, and then deals fully with the diseases of and the operations upon the eyeball and its adnexa. The chapters upon Migrain, Eye-symptoms in Systematic Diseases, and also that on the External Examination of the Eye, are perhaps among the most important chapters of the book for purposes of reference.

**AILMENTS OF WOMEN AND GIRLS.** By Florence Stacpoole. (Bristol : John Wright & Co.) 2s.

"Suffering is not woman's necessary lot." These true and simple words are the keynote of this book. It is not a book for children, but for mothers and aunts and others who are, or ought to be, grown-up. The author is well known as a lecturer for the National Health Society and for the Councils of Technical Education, and in this book she has stated in clear and suitable language the principal physiological facts which women especially ought to know, and the usual causes of various ailments from which many women suffer. We have often wished for such a book, and there are many women to whom it would be a help. There is in the preface a necessary caution against any attempt at self-treatment.

**NURSING : HINTS TO PROBATIONERS.** By M. H. A. Voysey. (London : The Scientific Press.) 2s.

This is a book of practical work for probationers, and we can only say that there are many things here which will be of great value to them. The book is simply and clearly written and there is an excellent index.

**OUR HOSPITALS AND CHARITIES.** (London : Macmillan & Co.) 3d.

This is a most interesting monthly journal. The words printed on the title-page are true : "If you feel the work and welfare of our hospitals and charities to be the slightest concern of yours, the contents of this paper cannot fail to interest you." Every article is not only readable, but too interesting to lay down. A beautifully illustrated history of Guy's Hospital, an account of the Royal Asylum for the Deaf and Dumb Poor at Margate, and "The Guild of the Brave Poor Things," are three of the best articles in this issue.

**PRACTICAL DIETETICS.** By W. Gilman Thompson, M.D., Professor of Medicine in the Cornell University Medical College in New York City. (New York and London : D. Appleton & Co. Toronto : Morang & Co.)

Dr. Thompson's complete and standard work on Dietetics is so well and favorably known that it will naturally be one of the first to be placed in a nurse's library. The present is the third edition, thoroughly revised. A good deal of new material has been added on the dietetic treatment of disease, Milk as a Food, Diabetes, etc. The section on Methods of Feeding the Sick, Foods Required for Special Conditions, and Conditions which Affect Digestion are specially valuable to nurses, as is also the information given in detail about all the different articles of diet. We cordially recommend this book to our readers.

**THE NURSING OF SICK CHILDREN.** By James Burnet, M.D., M.R.C.P. (Edin.) (London : The Scientific Press.) 1s.

This handbook will be found well adapted for the use of nurses, especially those who have not had much experience of children as patients.

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**HANDBOOK OF ANATOMY.** By James K. Young, M.D. (Philadelphia : F. A. Davis Co.) \$1.50.

This work is a complete synopsis or compound of anatomy, containing in the smallest possible space a great deal of information on this vast subject. It is intended for the use of medical students and nurses and will be found valuable, especially for review or reference.

**THE MAINTENANCE OF HEALTH IN THE TROPICS.** (London : John Dale, Sons, and Danielsson.) 2s. 6d.

This is a small manual of personal hygiene in the tropics, written at the request of the Committee of the London School of Tropical Medicine, and published under their auspices. The author is Professor of Hygiene in King's College, and Lecturer on Tropical Hygiene at the London School of Tropical Medicine. We have much pleasure in recommending any nurses about to engage in missionary or other work in any tropical country to procure and study this book, and so be prepared to take the necessary precautions to maintain health.

**COOKERY IN THE TROPICS.** By Sister Cockburn. (London : The Scientific Press.) 3s.

"A little help in a serious difficulty." Thus modestly does Sister Cockburn, late of the Colonial Nursing Service in Sierra Leone, speak of her small book, which to a young man alone going out to a hot country, or to anyone in the tropics who knows not too much of cookery would be more than valuable. The book consists of recipes, hints, reasons for failure, etc., and we are glad to see that it includes full directions how to make bread.

**SIMPLE LESSONS ON HEALTH, FOR THE USE OF THE YOUNG.** By Sir Michael Foster, K.C.B., M.P. (London : Macmillan & Co.) 1s.

From his home at Ninewells, in England, one of the greatest men of the age writes a preface to a little book on health he has prepared for the use of children in which he tells how he came to write it. There are four chapters—Fresh Air, Food and Drink, Light, Cleanliness—simple with the simplicity characteristic of a great mind. This primer is a model, and we can only thank the "distinguished friend" who induced Sir Michael to write it, by objecting to his "destructive criticism."

**OUR BABY.** By Mrs. J. L. Hewer. Ninth Edition ; Fortieth Thousand. (Bristol : John Wright & Co.) 1s. 6d.

This useful little book, written by one who holds the certificate of the London Obstetrical Society and was formerly a Hospital Ward Sister, will be found to fulfil admirably the purpose for which it was written, namely, to assist a mother in bringing up a healthy child and to help her to understand the general principles underlying the care of children. It is extremely practical. The chapters on "How Big Ought Baby to Be" and "Baby's Troubles" are among the best in the book.

**PRACTICAL PEDIATRICS.** By Dr. E. Graetzer. Authorized Translation by H. B. Sheffield, M.D. (Philadelphia : F. A. Davis Co.) \$3.00

This is a brief reference book, a small encyclopedia of children's diseases, and a mine of valuable information for the student and practitioner. The American translator has made a number of notes and additions which add to the value of the work. Our readers will find it a reliable and interesting volume.

**INTRODUCTORY PHYSIOLOGY AND HYGIENE.** By A. P. Knight, M.A., M.D. (Toronto : The Copp, Clark Co.)

Dr. Knight is well-known as a teacher, both in public and high schools, and also as Professor of Physiology in Queen's University, Kingston. There is probably no one in Ontario better fitted to write a text-book in this important subject, and the book itself will be its own best recommendation. It is clear, well arranged, thoroughly scientific, and adapted for the use of teachers.



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**ELEMENTARY BANDAGING AND SURGICAL DRESSING.** By Walter Pye. (Bristol: John Wright & Co.) 2s.

Eighteen years have passed since this book was prepared by the late Walter Pye. The present is the tenth edition, revised by Mr. Carwardine, F.R.C.S. It is an excellent hand-book, complete and satisfactory in every respect.

**FIRST AID TO THE INJURED AND SICK.** By F. J. Warwick, M.B., and A. C. Tunstall, M.D. Third Edition; Fourteenth Thousand. (Bristol: John Wright & Co.) 1s.

This valuable manual is a model of clearness, accuracy, and completeness. It is probably the best First Aid Handbook, and is very widely used. The illustrations are also published separately as "Large Sheet" First Aid Diagrams for the use of lecturers.

**THE PRINCIPLES AND PRACTICE OF MEDICINE.** By William Osler. (New York and London: D. Appleton & Co. Toronto: Morang & Co.)

Thirteen years ago the first edition of Osler's Medicine appeared, and not long after it was "the" text-book on medicine of the medical world. Six editions and one hundred thousand copies in use prove its worth, but to those who have read it daily no proof is needed. As a book of general reference in a nurse's library it has no equal, and next to the text-books of nursing itself, it is the book that should be got by nurses who have a right ambition. Many remarks on nursing will be found in its pages. This edition is almost a new book, and yet it is the old book. Sections are transposed, new material added, new ideas considered. The publishers have done their part well.

**PRACTICAL MASSAGE IN TWENTY LESSONS.** By Hartvig Nissen, Instructor and Lecturer in Massage and Gymnastics at Harvard University Summer School; Former Instructor of Physical Training at Johns Hopkins University and Wellesley College. With 46 Original Illustrations. 168 Pages. (Philadelphia: F. A. Davis Company.) \$1.00.

The author is already well known by other books on Massage and Gymnastics but this volume is undoubtedly of more value to nurses than any of them. It is very practical and written in an interesting way. Some of the best lessons are those on the "Diseases of the Organs of Movement"—Scoliosis, Lumbago, etc. The book covers all the essentials of massage.

THE NURSING TIMES of November 18th, just to hand, is an interesting weekly number and contains, as usual, specially good notes from The Lancet, The Practitioner, and other medical journals. Among the articles are "English Nursing in French Eyes," "Ophthalmic Nursing," and "Nursing From a Dramatic Standpoint."

A new volume of the "Golden Rules" series, published by Messrs. John Wright & Co., of Bristol, is about to be issued, entitled "Golden Rules of Nursing." The price will be one shilling.

We have just received from W. B. Saunders & Company, of Philadelphia, the widely-known medical publishers, an unusually attractive illustrated catalogue of their complete list of publications. A copy will be sent free upon request.

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The Bloodless Phlebotomist is the title of a new monthly journal issued by the Denver Chemical Co. The first numbers contain a number of interesting items and much information about antiphlogistine.

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## Hospital and Training School Department.

IN CHARGE OF MISS HARGRAVE.

A special meeting of the Graduate Nurses' Association of Ontario, to be held in the theatre of the Normal School, has been called by the president for 1.30 p.m., on December 28th. It is to be hoped that all members of the Association, and those desiring to become members, will make every effort to be present. A draft of a bill for registration is now in process of preparation, and will be laid before the meeting. Other important business will also be discussed. As the bill will affect every individual nurse, we would urge all to attend. The members will be entertained by the Alumnae Association of Toronto General Hospital.

Miss Tillie Murdie, graduate of the G. & M. H., St. Catharines, has gone to Niagara Falls to engage in private nursing.

Miss E. Argue, graduate Riverdale Hospital, Toronto, has returned from Winnipeg. Miss Argue has been appointed nurse in charge of the Aged Women's Home, on Belmont Street. Her many friends wish her every success.

Miss Brereton, graduate of the T. G. H., has gone to Parry Sound Hospital for a month, to assist Miss B. M. Toye.

Miss Kavanagh has returned from a very pleasant trip abroad, her patient remaining in England.

Miss Edith Brown, graduate of the H. F. S. C., Toronto, has taken a position as head nurse in the Roosevelt Hospital, New York.

Miss M. K. Gallaher, assistant superintendent of the Lady Stanley Institute, Ottawa, is away on a two months' vacation.

Miss Graham and Miss Moody, graduates of T. G. H., have returned to Toronto from Dawson City, Yukon.

Miss Helen Wapshot, graduate of H. F. S. C., Toronto, has taken a position as head nurse in the Presbyterian Hospital, Chicago.

Miss Ida B. Bingeman, graduate of T. G. H., has been appointed superintendent of the Edmonton Public Hospital.

Miss Ida Whitham and Miss Joan Scott have returned to New York after a three months' visit with friends in Toronto and Muskoka. Miss Scott and Miss Whitham are graduates of Riverdale Hospital.

Miss Baldwin, graduate of T. G. H., has returned to New Orleans after a month spent with friends in Toronto.

Miss Charlotte Tuck, graduate of G. & M. H., St. Catharines, has been appointed head nurse in that institution.

Miss Alvina Walkinshaw, graduate of H. F. S. C., Toronto, has taken the position of head nurse in the Lakeside Hospital, Cleveland, O.

Miss Alice Pepper, head nurse in the operating room, General Protestant Hospital, Ottawa, resigned October 1st to take a position in New York City.

Miss Stella Scott, of Portland, Ont., has been appointed head nurse in the operating room General Protestant Hospital, Ottawa.

Miss Rice, assistant superintendent Ottawa Maternity, has resigned.

Miss Alice E. Stewart has resigned her position as superintendent of the Sherbrooke Protestant Hospital.

Miss K. O'Neil, graduate of St. Michael's Hospital, Toronto, has accepted a position as head nurse in the Scranton Hospital, Pennsylvania.

Miss Mabel Bruce, graduate of the G. & M. H., St. Catharines, leaves in November for Florida, where she will spend the next six months, and engage in private nursing.

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Miss E. G. Flaws, late superintendent of the Kingston General Hospital, and now superintendent of the Butterworth Hospital, Grand Rapids, Michigan, recently visited Kingston, where her many friends were delighted to see her.

The friends of Mrs. W. C. Lillie (nee Ida MacLaughlin), a graduate of St. Thomas Hospital, and recently of McKellar Hospital, Fort William, are sorry to hear that Mr. Lillie was taken very ill at Spokane on their wedding trip.

The regular meeting of the Alumnae Association of Riverdale Hospital was held in the Nurses' Home, Thursday, November 2nd, at 4 p.m. After a short business meeting, a most interesting address was given by Miss Argue, on her trip through the West and the various hospitals she visited while there.

At the October meeting of the Alumnae Association of St. Michael's Hospital, it was decided that the "Canadian Nurse" would be the official journal of the association.

The annual meeting of the Nurses' Alumnae Association of the Royal Victoria Hospital, Montreal, was held October 11th, 1905; the President, Miss Gilmour, in the chair. The meeting was well attended. The annual report showed that a considerable interest had been taken in the association. The lectures delivered by Dr. Chipman and Dr. Hamilton were much appreciated, a copy of the former being printed and sent to each member, through the kindness of the president, Miss Gilmour. It was with deep regret the members of the association learned of the death of Dr. Buller which had occurred that day. It was resolved that a message of sympathy be sent to his bereaved family. The Sick Benefit Fund, to which some of the doctors have most kindly contributed, has now reached the sum of \$62. The following officers were elected for the ensuing year: President, Miss Gilmour; 1st Vice-President, Miss Grant; 2nd Vice-President, Miss Ausbury; Treasurer, Miss Hall; Secretary, Miss Connell; Cor-Secretary, Miss Cooper; Executive Committee, Misses Freeland, Anton, Macintosh, Hersey and McKindsey. After the business meeting Miss Henderson, superintendent of nurses, invited the members to her rooms, where a most enjoyable time was spent.

The graduating exercises of the Class of 1905 of St. Michael's Hospital Training School for Nurses, took place on October 3rd. The following nurses received their diplomas and medals: Misses E. R. Greene, Toronto; Anna Weger, Peterboro'; Rose Cosserly, Tottenham; Rose Kinmit, St. Catharines; Agnes Brennan, Penetanguishene; Veronica Winterhalt, Berlin; Bessie Mills, London; Anna Connor, Toronto; Alice Thompson, St. Catharines; Lena Claffy, Altona; Winnifred Warnica, Gravenhurst; Julia Sullivan, Stratford.

The following nurses have taken a creditable standing in the final examinations of the Kingston General Hospital: Misses Louise McLennan, Belleville, Ont.; L. S. Woodburn, Ottawa, Ont.; A. A. Davis, Brockville, Ont.; Mrs. M. Markle, Napanee.

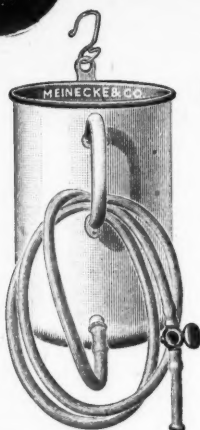
The nurses of the Kingston General Hospital Training School are much delighted at the gift of a library for the Nurses' Home. Accompanying the books is a very pretty book-case, bearing this inscription, "From Mrs. Mowat, in memory of many kind ministries." The books, some hundred in number, comprise a number of the standard works, and the best authors of the day. Some of the books have been given by the writers themselves, which also adds to the value of the gift. Many a cosy evening is spent over the charming stories in the pretty sitting-room of the Nurses' Home, and Mrs. Mowat will always be most kindly remembered by the nurses to whom she has given so much pleasure.

The McKellar General Hospital Training School for Nurses at Fort William has begun its second year's work. The school is still in its infancy, but now has a senior and junior class. Last year classes were held regularly all through the fall and winter, and examinations were given in June.





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The new wing of the Nurses' Home of the Dauphin General Hospital has been completed, and the old home has been entirely renovated in the way of papering and painting. The addition gives the nurses individual bedrooms, and a sitting-room which has been handsomely furnished by the bachelors of the town. The superintendent has a separate sitting-room. The new dining-room and diet kitchen are very nicely fitted up, and the new bedrooms have been beautifully furnished by the Hospital Ladies' Aid. One of the ladies started rather a novel idea for raising money. It was an autograph quilt, and the charge for having a name embroidered was quite optional, anything from 10 cents to \$10 being acceptable. Steam heating is being put in to take the place of hot air, and as soon as it is finished there will be a public opening of the new wing. The Dauphin Hospital prides itself on having the very prettiest home in Western Canada.

The Victorian Order Hospital at Rock Bay, B.C., is progressing well and doing excellent work under the careful and painstaking management of Miss Jean Sutherland, graduate of Galt Hospital, and recently of the McKellar Hospital, Fort William. Miss Sutherland is doing pioneer hospital work among the loggers.

In the Victorian Order Hospital at Swan River, Manitoba, improvements are being made on a small scale. There is no other hospital within a radius of sixty or seventy miles, and so some of the patients travel long distances and in strange equipages. One woman walked sixteen miles with her sick child, two years old. When the child was able to be taken home the husband came on horseback for them. The woman got astride the horse and took the child, bundles were tied on to the saddle, the man led the horse, and away they went, happy to have their child restored to health. In the past eighteen months this hospital has treated 180 patients, most of them coming a distance of from twelve to seventy miles.

The Notre Dame Hospital, of Montreal, is building a very large hospital on Sherbrooke Street.

Miss Alice Scott has resigned her position as superintendent of the Lindsay Ross Memorial Hospital. The position is now held by Miss Miller, late of the Brockville Hospital.

Miss Crawford, of Winnipeg, one of our most valued contributors, has, we regret to say, been laid up for some weeks with phlebitis. Her many friends will join us in hoping for her speedy recovery.

Major I. Wood, late president, and now hon. president of the Sherbrooke Protestant Hospital, has given that institution one of the most modern and complete sterilizing plants, by which hot and cold water, surgical dressings and instruments can be sterilized. The cost of the plant, when placed in position, will be about \$1,000.

The graduating exercises of the Class of 1905, of the Toronto General Hospital Training School for Nurses, took place on Friday evening, October 20th, and were interesting and pleasant. Among those who took part in the programme were the Rev. Dr. Wallace, J. W. Flavell, Esq., Chairman of the Board of Trustees, Dr. R. W. Bruce Smith, and His Worship the Mayor. Miss Snively received afterwards in the Nurses' Residence. The names of the graduating class are: Misses Winnifred Brereton, Bethany, Ont.; Josephine Y. Hopkins, Peterboro', Ont.; Annie Maud Stirling, Millarton, Ont.; Ida Helen Murray, Peterboro', Ont.; Priscilla Janet Smith, Aberfoyle, Ont.; Edith Macpherson Dickson, Toronto, Ont.; Elizabeth Davidson, St. Thomas, Ont.; Elizabeth Mary Lindsay, Blyth, Ont.; Ethel Maud Levy, Brownstown, Jamaica, B.W.I.; Jessie Mulholland Robson, Vernonville, Ont.; Christella Gertrude Sutherland, Bradford, Ont.; Elizabeth Merle Laidlaw, Durham, Ont.; Lucy Hurlburt, Mitchell, Ont.; Elizabeth Helen Purdy, Kincardine, Ont.; Isabel Mary Browne, Keyser, Ont.

Miss L. Rourke, a graduate of the Orthopedic Hospital, Toronto, has accepted a position as night supervisor in the Julia Burnham Memorial Hospital, Champagne, Ill. Miss Rourke is a most capable nurse, and will no doubt make many friends in her new field of work.

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Miss L. Brent, Lady Superintendent, H. S. C., has been holidaying for the past month in Montreal, and other points.

Miss B. I. Atkinson, a graduate of Lady Stanley Institute, Ottawa, 1902, has been appointed as assistant at the Hospital for Sick Children.

Miss Ethel Dawson, Class of 1900, Collingwood General Hospital, who has been dangerously ill in the hospital, is now convalescent.

Dr. H. Machell gave a most interesting address on some points in infant feeding, to the members of the Alumnae Association, H. S. C., November 11th, demonstrating the making of whey.

Miss F. B. Stoney, Class of 1901, General Hospital, Collingwood, who recently returned from the Philippines to her old hospital to undergo an operation for appendicitis, is now quite convalescent, and expects to resume her work in Manila this autumn.

The Ross Memorial Hospital, Lindsay, Training School for Nurses held its first graduation exercises in the auditorium of the Collegiate Institute on the evening of November 7th. The first graduate, Miss Bonnell, was presented with a gold watch by the doctors of Lindsay. Among the large audience was the former superintendent, Miss Alice Scott, of Toronto, who has now quite recovered her health, and to whose work many kind references were made by the speakers of the evening. The Mayor, Mr. Ray, was in the chair, and addresses were delivered by the Chairman of the Board of Governors, and by Dr. Vrooman.

Mr. and Mrs. A. Bisset Thom, Goderich, Ont., send \$20 as a donation for our Sick Benefit Fund. Mrs. Thom is a graduate of 1888, T. G. H. We feel grateful that in so many years she has not forgotten those who are following, and sends to the relief of the sick nurse. May many others follow this excellent example.

The following is the programme of lectures of the United Alumnae Associations of Training Schools for Nurses in Toronto: December—"Instructive Visiting in District Nursing," Miss H. Fulmer. January, 1905—"Sanitary Inspection," Mrs. Wm. Wagner, Long Lake Village, N.Y. February—"Tubercular Nursing in the Homes," Miss Annie Damer, Bellevue Hospital, New York City. March—"The Nurse as a Citizen," Mrs. Isabel Hampton Robb, Nottingham, Ohio.

The authorities of Toronto General Hospital have taken another step forward. Miss C. A. Mitchell has been appointed special nurse to visit the homes of tuberculosis patients. Her duties will be instructive nursing, and the care of the patients. It is said that two members of the Board, already most generous, have again provided the money for this work.

The annual meeting of the Alumnae Association, Mack Training School, St. Catharines, was held in the parlor of the Nurses' Home on Aug. 30th. Subjects of importance were heartily discussed. The following officers were elected for the ensuing year: President, Mrs. Parnell, St. Catharines; 1st Vice-President, Miss MacIntosh, Buffalo; 2nd Vice-President, Mrs. Wiel, Niagara Falls, N.Y.; Sec.-Treas., Miss Bruce, St. Catharines. Afterwards the nurse enjoyed the kind hospitality of the Superintendent, Miss Hollingworth, and each and all felt the better for even such a short association together again.

Miss Eastwood and Mrs. John Caven entertained at tea on Friday, October 20th, in honor of Miss L. L. Dock, of New York, and a delightful hour was spent. Among those present were, Mrs. St. John, Mrs. Paffard, Miss Hodgson, Miss Neilson, Miss Mathieson, and Miss Goldie.

**SPECIAL NOTICE.**—All graduate nurses, not yet members of the Ontario Graduate Nurses' Association, are requested to send in their applications for membership at once to the secretary, Miss Mathieson, Riverside Isolation Hospital, Toronto, so that they may, if possible, be proposed for membership at the special meeting in December. This is the last opportunity before April, 1906, and in view of the progress of the registration movement, prompt action is necessary.

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Miss M. E. Dougal, late assistant superintendent of the Toronto General Hospital, took charge of the Woodstock Hospital during the absence of Miss Sharpe, on her holidays. Miss Dougal was in Toronto recently on her way to New York, where she has accepted a position as assistant in St. Luke's Hospital.

Miss Jessie Christie, assistant superintendent of the Training School for Nurses Toronto General Hospital, has resigned, her resignation taking effect on November 1st. The undergraduate nurses showed their appreciation of Miss Christie's valuable services by presenting her with a jewel case. Miss Christie's many friends in Toronto, both her fellow-graduates and others, greatly regret her resignation, and hope that she may remain in Toronto, where she will undoubtedly find scope for her talents and experience, and where all will wish her success.

Two new appointments have been made by the authorities of Toronto General Hospital. Miss Elsie Lawler, of Whitby, has been appointed first assistant to the Superintendent of the Training School, and Miss Florence Manson, second assistant and supervisor of the operating theatre. Both ladies are graduates of the Johns Hopkins Hospital Training School. Miss Manson enters on her new duties at once, but Miss Lawler, who is at present first assistant to Miss Nutting at the J. H. H. will not come until January 1st, 1906. It is pleasant to welcome back Canadian nurses to Canada, and we wish them all success.

Among the trained nurses taking the fall course at the Pennsylvania Orthopedic Institute and School of Mechano-Therapy (Incorp.), 1516 Green Street, Philadelphia, Pa., are four Canadian nurses: Miss Alice A. Stanton and Miss Sarah A. Stanton, St. Thomas, graduates of the Brooks Memorial Hospital, Dunkirk, N.Y.; Miss Catharine Campbell, Avon, Ontario, graduate of Sarnia General Hospital, and post-graduate of the Woman's Hospital and Infants' Home, Detroit, Mich., and for two years in the hospital, British Columbia; Miss Clara F. Elliott, graduate Sarnia General Hospital. Miss Susie McMillan, Berlin, N.H., graduate of the General Hospital, Cornwall, Ontario, graduated from the same institution in September, along with twenty-four other graduates from different parts of the United States, and one from England.

The graduating exercises of Grace Hospital Training School for Nurses, Toronto, were held on October 27th, 1905, and a very pleasant evening was spent. The programme was as follows: "God Save the King"; prayer, Dr. Parker; Chairman's address; duet (cello and piano), Miss Madeline M. Evans and Mrs. Massie; address to graduate nurses, Dr. Kilpatrick; vocal, Miss McNeil; report of Training School, Superintendent; piano, Miss Dollie Blair; essay, Miss Denmark; presentation of diplomas, Dr. Bruce Smith; presentation of medals, Mrs. Vandermissen and Mayor Urquhart; presentation of prize in obstetrics, Dr. C. J. Hastings.

When it became known that Dr. Osler had been appointed Regius Professor of Medicine at Oxford, it was felt that some acknowledgement should be made by the graduate nurses of Dr. Osler's many kindnesses to them, both in and out of training. It was felt also, that this acknowledgment might convey a sense of the privilege the nurses as a whole consider it has been to be associated in some small measure with Dr. Osler in his hospital work during these years of his leadership." Mrs. Osler's aid was enlisted in the selection of an acceptable remembrance. At her suggestion it was decided to purchase a desk set in silver. The set consisted of a tray with capacious ink-bottles and pen tray, pens, a blotter, stick-file and stamp box. Dr. Osler had himself expressed a wish to meet the nurses before his departure, and Miss Nutting arranged a very delightful reception in the Nurses' Home, at which Dr. Osler spoke a few characteristic words. He subsequently sent his thanks to all the graduates in the following letter:—"I appreciate their kind thought of me more than I can well express. My relations with the nurses have always been so pleasant, and I have always so felt the importance of their work, that this testimony of their love and esteem touches me deeply. They will continue to have my sincere interest in their work. Do express to the graduates my heartfelt thanks."—From the J. H. H. Alumnae Magazine.





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A new Maternity Hospital for Montreal is being erected at a cost of \$125,000, and consists of a main structure and two wings, facing north and south. The southern wing was built by the donation of Sir William Macdonald to serve as a home and lecture rooms for the nurses. It will accommodate 75 or 80 beds. The basement includes kitchen and dining room accommodation, servants' quarters and a steam laundry, the gift of Mr. Jas. Ross. On the ground floor are the administrative rooms of the hospital, the waiting patients' room and the nurses demonstrating room. Public wards occupy the first floor, while the top floor contains private wards and a splendid operating room. The expense of furnishing the building has been met largely by the generosity of private individuals.

At Grand Bend, Ontario, Canada, September 23 1905, to Mr. and Mrs. Dell Mollard, a son. Mrs. Mollard was formerly Miss Pearl Ellis, a graduate of the General and Marine Hospital, St. Catharines, Canada, class of '99.

#### MARRIAGES.

The marriage of Miss Cora Canfield to Mr. Albert H. Wilson took place at the home of the bride's aunt, on August 30th, at Woodstock, Ont. After a wedding trip down the St. Lawrence, Mr. and Mrs. Wilson took up their residence in Woodstock, Ont. Mrs. Wilson is a graduate of the G. and M. H., St. Catharines, Class 1903, and previous to her marriage held the position of head nurse in that institution.

At Burlington, Ont., on June 22nd, 1905, Miss Ida M. Peck, graduate of Kingston General Hospital, Class of 1903, was married to Mr. S. V. R. Campbell, of Kingston. Mrs. Campbell will be at home at 220 Albert St., after October 1st.

At Bath, Ont., June 22nd, 1905, Miss Annie Balfour was married to Rev. F. E. Fotheringham, of Calgary. Miss Balfour was a graduate of the Kingston General Hospital, Class of 1903.

On October 6th, 1905, Miss Mary McNicholl was married to Mr. Griffin, of St. Louis, Miss McNicholl was a graduate of St. Michael's Hospital, Toronto.

In Orillia, on October 1st, 1905, Miss Nellie Frawley was married to Dr. John McMahon, of New York. Miss Frawley was a graduate of St. Michael's Hospital, Toronto.

#### DEATHS.

Mrs. McArthur (nee Smith), graduate of T. G. H., 1901, died at her home in Queensville, Ont., on October 20th.

Mrs. John Murphy (nee Frances Hughes), graduate of St. Michael's Hospital, Class of 1899, died after a short illness at her home in New York City.

Miss Lillian Southgate, graduate of the Hospital for Sick Children, Toronto, Class of 1905, died on October 15th, after a short illness, of typhoid fever, in the Roosevelt Hospital, N.Y., where she was taking a post-graduate course.

Miss Rose Marie Heise, a graduate of the G. and M. H., St. Catharines, Class of 1901, died on October 12th. A few days previous to her death Miss Heise was brought to the hospital and underwent an operation for appendicitis. Her death was due to uremic poisoning. Since graduating Miss Heise has been private nursing at Niagara Falls, Ont., and has endeared herself to many. Before the removal of the body to Newstadt, home of the deceased, a service, quite largely attended by friends both from Niagara Falls and from this city, was held in the Nurses' Home.

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Owing to the many requests from ladies all over Canada for special woman's shoe, built on the most approved modern lasts, to sell at a moderate price, we have gone about the production of the Victor Shoe for women. The success we have had with Victor Shoes for men has helped us very considerably in getting out this ladies' shoe, and we think our customers will agree that "Victor" Shoes for Women equal the very best American Shoes sold. The price, however, is the moderate Victor price—

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Mrs. Fielding (nee Minnie Slattery), a graduate of the Hospital for Sick Children, 1897, died after an illness of ten months, at her residence, 457 College Street.

Mrs. McArthur, wife of the Rev. Mr. McArthur, of Queensville, and one of the graduates of the Class of 1901, died last month, deeply regretted. She was one who could ill be spared, one who will always be remembered with affection, and who left the world better than she found it.

Mrs. Davis, so long a familiar and picturesque figure in Toronto General Hospital, finished her life's work on September 18th, 1905. She had lived in the hospital for thirty-three years. She was born in Ireland, May 1st, 1820, and came to this country when quite young, settling near Port Hope, where she was married. Her husband lived but a short time and after his death she took a position on the staff of the Deaf and Dumb Institute about the year 1867, and afterwards went to the Toronto General Hospital. She always took a great interest in the hospital, and was quite an authority on its history. She was buried at Newtonville, near her old home.

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### Graduates of the Training School for Nurses.

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#### NAMES OF NURSES WHO HAVE OBTAINED CERTIFICATES FROM TORONTO RIVERDALE HOSPITAL, TRAINING SCHOOL FOR NURSES.

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1897.

- Miss Kate Mathieson, Superintendent of Toronto Riverdale Hospital.
- Miss Annie Montgomery, Superintendent Civic Hospital, Montreal.
- Miss Flora Gilmer, New York.
- “ Edith Strickland (now Mrs. Stevenson), 215 Dundas St., City.

1898.

- Miss Angelina Lane, Prescott, Ont.
- “ Alma C. Murray, Head Nurse Toronto Riverdale Hospital.
- “ Mildred Sibbald, Private Nurse, Seattle.
- “ Eva Hamilton, Orangeville, Ont.

1899.

- Miss Bertha Andrews, Private Nurse, Winnipeg.
- “ Millward (now Mrs. Dr. Rose), Blackfort Hospital, Gleichen, Alta.
- “ Minerva Barnhardt (now Mrs. Meads), Orillia.

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## 1900.

- Miss Kathleen Scott, Head Nurse, Toronto Riverdale Hospital,  
City.  
" Elizabeth Argue, Nurse in Aged Women's Home, Belmont  
St.  
" Etta Kledt (now Mrs. McAvree), Mimico.  
" Ida Pillow, Cleveland, Ohio.

## 1901.

- Miss Joan Scott, Private Nurse, New York.  
" Becca Easson, Private Nurse, Chicago.  
" Mattie Storey, Private Nurse, Chicago.  
" Annie Murray, Nurse at Upper Canada College.  
" Louie Churchward (now Mrs. Mathew) 211 First Ave.,  
City.

## 1902.

- Miss May Fogarty, Night Superintendent, Riverdale Hospital.  
" Alberta Sanford, 505 Sherbourne St., City.  
" Ida Whitlam, Private Nurse, New York.  
" Janet McNeil, 505 Sherbourne St., City.  
" Tessa McKay, Niagara Falls, N.Y.

## 1903.

- Miss May Sawyer, 76 Avenue Road, City.  
" Elizabeth Allan, Willard Parker Hospital, New York.  
" Stella Lash, Private Nurse, Montreal.

## 1904.

- Miss Janet Highsted, Ithaca, N.Y.  
" Annie Reade, 505 Sherbourne St., City.  
" Ethel Armstrong, Detroit, Mich.  
" Janet Pearce, Mitchell, Ont.  
" Susie Mears, 76 Avenue Road.

## 1905.

- Miss Edith Ogilvie, Detroit.  
" Margaret Warwick, 68 Sorauren Ave.  
" Jean Berry, Brantford, Ont.  
" Mina Fraser, Polyclinic Hospital, New York.  
" Lillie Whitlam, 102 Caroline St., City.



